Trauma-informed Educational Networks: Final Report

This project was funded through pass thru dollars associated with HHS Federal Award # SM061503 (Safe Schools/Healthy Students) through the PA DHS: OMHSAS Children's Division to the McDowell Institute at Commonwealth University of Pennsylvania: Bloomsburg Campus. The primary goal of this project was to build sustainable networks of youth suicide prevention trainers employing Question-Persuade-Refer (QPR) as the evidence-based training curriculum. The targeted regions of the commonwealth were identified through collaboration with DHS: OMHSAS Children's Division emphasizing those areas across the state that 1) were not formally part of the 15-county GLS initiatives underway as of July 1, 2022 or 2) did not have at that time a recognized Suicide Prevention Task Force in their location. Resultantly, the primary targeted regions were comprised of nine Intermediate Unit (IU) regions (IUs 5,6 8,9, 10, 11, 12, 16, and 17) in alignment with eighteen counties (Bedford, Bradford, Clinton, Columbia, Forrest, Franklin, Fulton, Jefferson, Juniata, McKean, Mifflin, Montour, Northumberland, Snyder, Sullivan, Tioga, Union, and Warren). A secondary goal was to support school and community-based staff to access Lakeside Global Trauma 101 and 102 virtual trainings in these same targeted regions. This project commenced July 1, 2022 and came-to-a-close June 30, 2023

Outcomes/Impact/Achievement of Goals

Primary Goal: The primary goal of this initiative was achieved in that QPR training capacity was significantly expanded in the targeted regions. Specifically, at total (in aggregate) of 45 newly credentialed QPR instructors were established across these areas of the commonwealth. Further, these regionalized QPR instructors received technical assistance from the McDowell Institute as they began to organize and provide trainings. Further, networking amongst these new QPR instructors was facilitated to enhance sustainability beyond this funded initiative.

Secondary Goal: At the time of award of this funded initiative there was limited access to Lakeside Global's virtual trauma trainings in many of the targeted regions in this project. This limited access was due, in large part, to lack of awareness coupled with fees associated with accessing these particular trainings. As such, this secondary goal was targeted in alignment with the primary goal previously noted. However, in the Fall of 2022 concurrent with implementation of this project, PA DHS entered into a contract with Lakeside Global to provide free access to these virtual trauma trainings state-wide. Resultantly, there was no longer a need to use the awarded funds in this project to support activities associated with this secondary goal. Therefore, DHS-OMHSAS and the McDowell Institute agreed to shift those dollars toward further enhancement of achieving the primary goal of this project (increasing newly credentialed QPR instructors in the targeted regions).



Each pin represents a newly credentialed QPR trainer across targeted IU regions.