

BLOOMSBURG UNIVERSITY: EXERCISE SCIENCE DEPARTMENT

Student-Self Evaluation Questionnaire

Student Name: _____ Academic Advisor: _____

Internship Organization: _____ Internship Semester / Year: _____

For each of the following questions, check the box next to the response that most aptly applies:

The percent of my internship time spent in actual client / patient contact.

0 - 20% 21 - 40% 41 - 60% 61 - 80% 81 - 100%

The percent of my internship time spent doing administrative work.

0 - 20% 21 - 40% 41 - 60% 61 - 80% 81 - 100%

The percent of administrative work performed that contributed to the objectives of my internship.

0 - 20% 21 - 40% 41 - 60% 61 - 80% 81 - 100%

Please rate each of the following questions by selecting a number between 1 and 6 using the subsequent scale:

6 = Excellent 5 = Very Good 4 = Good 3 = Fair 2 = Not Very Good 1 = Poor Not Applicable = NA

Assistance in finding, and placement in an internship

Communication with your faculty advisor during the internship

The internship orientation provided by the worksite

Communication and feedback with my worksite supervisor

Overall internship supervision provided by my worksite supervisor

The facilities and work conditions of the internship site

Training provided by the worksite during the internship

The overall learning value of the internship

Please rate each of the following competency-based skills / attributes both at the commencement and conclusion of your internship experience by selecting a number between 1 and 6 using the subsequent scale:
 6 = Excellent 5 = Very Good 4 = Good 3 = Fair 2 = Not Very Good 1 = Poor Not Applicable = NA

<u>Start of internship:</u>	<u>Skill Areas:</u>	<u>Completion of internship:</u>
	Verbal / Oral communication skills	
	Written communication skills	
	Honesty / Integrity	
	Interpersonal skills	
	Motivation / Initiative	
	Work ethic	
	Team work skills	
	Analytical / Quantitative skills	
	Ability to integrate new information	
	Competency in information technology based skills	
	Knowledge of exercise testing and prescription	
	Knowledge of psychological theories	
	Knowledge related to specialized duties assigned	
	Comfort of working with clients / patients with diverse abilities	
	Knowledge of methods used to work with others with special needs	

Please respond to the following statements by selecting a number between 1 and 4 using the subsequent scale:

1 = Strongly Disagree 2 = Disagree 3 = Agree 4 = Strongly Agree

The internship helped me integrate and apply the conceptual knowledge I acquired during my education

The host site job description was consistent with my learning experience

The daily journal assisted me in deriving greater meaning from my internship experience

The opportunity to interact regularly with my advisor (via phone or e-mail) was adequate and important

This internship experience has contributed to preparing me for my post-college career