

PSYCHOLOGY

COMMONWEALTH UNIVERSITY

Bachelor of Science (BS)

This degree map is based on the 2023-24 Academic Catalog and is subject to change. Students should meet with their academic advisor each semester and use Degree Works to monitor their individual progress toward degree completion. The time it takes to earn a degree will vary based on several factors including summer/winter enrollment, dual enrollment and number of courses successfully completed each semester. We recommend taking a minimum of 15 credits each fall and spring semester.

Sample 4-Year Plan

| First Year | | | |
|--|---------|--|---------|
| Fall Courses | Credits | Spring Courses | Credits |
| PSYC 100 Introduction to Psychology | 3 | PSYC 105 Orientation to Psychology | 3 |
| Writing General Education Course | 3 | PSYC 150 Applied Psychological Statistics | 3 |
| Oral Communications General Education | 3 | <i>Developmental Course:</i> PSYC 210 Child Development, PSYC 211 Adolescent Development, or PSYC 217 Adult Development and Aging | 3 |
| FYS100 First Year Seminar | 3 | General Education Citizenship & Responsibility | 3 |
| Quantitative General Education Course | 3 | General Education Course (D, G or F) | 3 |
| Semester Total | 15 | Semester Total | 15 |
| Second Year | | | |
| Fall Courses | Credits | Spring Courses | Credits |
| PSYC 250 Research Methods in Psychology | 3 | PSYC 350 Research Lab in Psychology | 3 |
| <i>Sociocultural Course:</i> PSYC 230 Social Psychology | 3 | <i>Individual Differences Course:</i> PSYC 335 Psychological Disorders, PSYC 336 Psychology of Personality, or PSYC 337 Child Psychological Disorders | 3 |
| Natural World General Education | 3 | Natural World or Technology General Education Course | 3 |
| General Education Course (D, G, or F) | 3 | Literature General Education Course | 3 |
| History General Education course | 3 | General Education Citizenship & Responsibility | 3 |
| Semester Total | 15 | Semester Total | 15 |
| Third Year | | | |
| Fall Courses | Credits | Spring Courses | Credits |
| <i>Biological Course:</i> PSYC 281 Brain & Behavior, PSYC 355 Health Psychology, or PSYC 380 Behavioral Neuroscience | 3 | <i>Applied Course:</i> PSYC 313 Industrial/Organizational Psychology, PSYC 315 Forensic Psychology, PSYC 319 Positive Psychology, PSYC 321 Psychological Assessment, PSYC 332 Psychology of Stress Management, PSYC 340 Helping Skills, PSYC 341 Theories of Counseling, or PSYC 376 Behavior Modification | 3 |
| PSYC Elective | 3 | PSYC Elective | 3 |
| General Education Course (D, G, or F) | 3 | Arts or Creative General Education | 3 |
| Elective | 3 | Elective | 3 |
| Elective | 3 | Elective | 3 |
| Semester Total | 15 | Semester Total | 15 |
| Fourth Year | | | |
| Fall Courses | Credits | Spring Courses | Credits |
| <i>Psychology Capstone Course:</i> PSYC 406 Senior Seminar in Psychology, PSYC 441 Theory and Practice of Academic Psychology, PSYC 493 Independent Study, or PSYC 498 Psychology Internship | 3 | <i>Psychology Capstone Course:</i> PSYC 406 Senior Seminar in Psychology, PSYC 441 Theory and Practice of Academic Psychology, PSYC 493 Independent Study, or PSYC 498 Psychology Internship | 3 |
| <i>Cognitive/Learning Course:</i> PSYC 360 Cognitive Psychology or PSYC 375 Psychology of Learning | 3 | Elective | 3 |
| Electives | 3 | Elective | 3 |
| Elective | 3 | Elective | 3 |
| Elective | 3 | | |
| Semester Total | 15 | Semester Total | 15 |

Curriculum Checklist

Experimental Core Courses (12 credits)

All majors must take the following courses.

- ___ PSYC 105 Orientation to Psychology (3)
- ___ PSYC 150 Applied Psychological Statistics (3)
- ___ PSYC 250 Research Methods in Psychology (3)
- ___ PSYC 350 Research Lab in Psychology (3)

Content Core Courses (18 credits)

Choose one course from each of the six content areas.

A. Developmental (3 credits)

- ___ PSYC 210 Child Development (3)
- ___ PSYC 211 Adolescent Development (3)
- ___ PSYC 217 Adult Development & Aging (3)

B. Sociocultural (3 credits)

- ___ PSYC 230 Social Psychology (3)

C. Cognitive/Learning (3 credits)

- ___ PSYC 360 Cognitive Psychology (3)
- ___ PSYC 375 Psychology of Learning (3)

D. Biological (3 credits)

- ___ PSYC 281 Brain & Behavior (3)
- ___ PSYC 355 Health Psychology (3)
- ___ PSYC 380 Behavioral Neuroscience (3)

E. Individual Differences (3 credits)

- ___ PSYC 335 Psychological Disorders (3)
- ___ PSYC 336 Psychology of Personality (3)
- ___ PSYC 337 Child Psychological Disorders (3)

F. Applied (3 credits)

- ___ PSYC 313 Industrial/Organization Psychology (3)
- ___ PSYC 315 Forensic Psychology (3)
- ___ PSYC 319 Positive Psychology (3)
- ___ PSYC 321 Psychological Assessment (3)
- ___ PSYC 332 Psychology of Stress Management (3)
- ___ PSYC 340 Helpings Skills (3)
- ___ PSYC 341 Theories of Counseling (3)
- ___ PSYC 376 Behavior Modification (3)

Capstone Courses (2 courses, at least 6 Credits)

Choose two experiences.

- ___ PSYC 406 Senior Seminar in Psychology (3)
- ___ PSYC 441 Theory and Practice of Academic Psychology (3)
- ___ PSYC 493 Independent Study (3)
- ___ PSYC 498 Psychology Internship (3-15)

Elective Courses (6 Credits)

Choose two additional PSYC courses, including any of the above courses or those listed below.

- ___ PSYC 131 Psychology of Adjustment & Well-being (3)
- ___ PSYC 202 Psychology of Human Sexuality (3)
- ___ PSYC 212 Lifespan Development (3)
- ___ PSYC 215 Psychology of Family Relations (3)
- ___ PSYC 218 Principles of Gerontology (3)
- ___ PSYC 221 Educational Psychology (3)
- ___ PSYC 242 Death and Dying (3)
- ___ PSYC 245 Psychology of Leadership (3)
- ___ PSYC 320 Deviant Behavior (3)
- ___ PSYC 330 Psychology of Gender (3)
- ___ PSYC 331 Psychology of Race (3)
- ___ PSYC 412 Human Neuropsychology (3)
- ___ PSYC 422 Drugs and Behavior (3)

General Education Requirements (45 credits)

Some requirements may be fulfilled by coursework in your major program including the **directed Gen Ed** course (PSYC 100) noted below. Note: The symbol (e) indicates an elective or option.

- **Foundations (15 credits)**
 - FYS 100 First Year Seminar (3 credits)
 - Writing (3 credits)
 - Oral Communication (3 credits)
 - Historical Themes (3 credits)
 - Quantitative Reasoning (3 credits)
- **Interconnections (9 credits)**
 - Diversity (at least 3 credits)
 - Global Perspectives (at least 3 credits)
 - Foreign Language (e)
- **Citizenship & Responsibility (6 credits)**
(6 credits from at least two goals)
 - Citizenship and Society (e)
 - Ethical Reasoning (e)
 - Critical Analysis and Reasoning (e)
- **Natural World & Technologies (9 credits)**
 - Natural World (at least 6 credits)
 - **PSYC 100 Intro to Psychology (3 credits)**
 - Technology (e)
- **Creativity & Expression (6 credits)**
 - Literature (3 credits)
 - Arts or Creative (3 credits)

Degree Requirements

All students must obtain a minimum of 120 credits, complete all General Education requirements, and all requirements for the selected major. Meet with your advisor and consult Degree Works to monitor your progress and for all graduation requirements.

A minimum GPA of 2.0 in the major and overall are required.

Campus Locations

- | | |
|-------------------|--|
| Bloomsburg | <input type="checkbox"/> Online; <input checked="" type="checkbox"/> In-person; <input type="checkbox"/> Blended |
| Lock Haven | <input type="checkbox"/> Online; <input checked="" type="checkbox"/> In-person; <input type="checkbox"/> Blended |
| Mansfield | <input type="checkbox"/> Online; <input checked="" type="checkbox"/> In-person; <input type="checkbox"/> Blended |
| Clearfield | <input type="checkbox"/> Online; <input type="checkbox"/> In-person; <input type="checkbox"/> Blended |

Winter/Summer College - Optional

While not required, Winter and Summer sessions are offered each year and may help you stay on track or get ahead. You may take up to seven (7) credits during Winter College and up to 14 credits during Summer College.