

Commonwealth University Faculty Introductions



Dr. Amber O'Brien

➤ Education

- Bachelor of Science in Nursing: Misericordia University
- Masters in Health Science and Physician Assistant Studies: Lock Haven University
- Doctorate in Medical Science: University of Lynchburg

➤ Professional Career

- Plastic Surgery and Wound Healing New York-Presbyterian Hospital
- General Surgery Geisinger Medical Center
- Adult Hospital Medicine (Current)
- Associate Professor:
 - Commonwealth University-Lock Haven—10 years
 - Chair of Admissions—5 years



Dr. Amber O'Brien

- Personal Life:
 - Married
 - Matt, College sweetheart
 - Three Children
 - Harper 11 years old
 - Declan 10 years old
 - Payton 9 years old
- Hobbies:
 - Family, Sports, Running



Dr. Jackie Borst

➤ Education

- Bachelor of Science (BS) in Chemistry, BS in Biology – DeSales University
- Master of Science in PA Studies – DeSales University
- Doctor of Medical Science in PA Education – University of Lynchburg
 - Added Certificate in Global Health and Disaster Medicine
- Master of International Health – Institute for International Medicine

➤ Professional Career

- Hospital Medicine - Lehigh Area Medical Associates
- Adult Gastroenterology – Geisinger Health System
- Urgent Care – Geisinger Health System (3 years as Lead Provider)
- Hospital Medicine – Geisinger Health System (present position)





Dr. Jackie Borst

- ▶ Professional Career Continued
 - ▶ Commonwealth University PA Program – Assistant Professor (FT since 2018)
 - ▶ Lead Clinical Coordinator (2018-2022)
 - ▶ Program Director (Aug 2022 to present)
 - ▶ International Impact through Medicine Foundation – Executive Director
- ▶ Personal life – married with two grown children, two dogs, and five cats
- ▶ Hobbies and Interests
 - ▶ Travel for medical service trips – more than 40 trips to Haiti and Honduras
 - ▶ Reading
 - ▶ Watching minor league baseball

Professor Jessica Diehl



► Education

- Masters in Health Science and Physician Assistant Studies- Lock Haven University
- Bachelor of Science, minor in Psychology- Lock Haven University
- Certified Lactation Counselor – Healthy Children's Project

► Professional Career

- Family Medicine- Geisinger Health Systems (current position)
- Urgent Care- Geisinger Health Systems (current position)
- Assistant Professor:
 - Commonwealth University-Lock Haven—4 years
 - Academic Coordinator (2022-present)

Professor Jessica Diehl

Personal life:

- Married to husband Josh, one daughter (Jemma, 2 years old) and one dog

Hobbies:

- Spending time with family, hunting, skiing, motorcycle riding and binge watching series shows



Professor Carrie Friese

➤ Education

- Masters in Health Science and Physician Assistant Studies-
Drexel University/MCP Hahnemann University

➤ Professional Career

- Family Medicine- Family Practice of Renovo (2004 – 2023)
- Family Medicine- Probst Family Practice (current position)
- Occupational Medicine- PT (2005 – 2015)
- Assistant Professor:
 - Commonwealth University-Lock Haven—2.5 years
 - Clinical Coordinator (present)



Professor Carrie Friese

Personal life:

- Married to high school sweetheart, Casey
- 4 kids
 - Kayden, Junior at Susquehanna University
 - Kyler, Freshman at coastal Carolina University
 - Keller, High school sophomore
 - Kiplee, 5th grade

Hobbies:

- Spending time with family, sports (we are avid Phillies fans!), home renovations/interior design, sports of all kinds!



Professor Jennifer Bell

Education

Lock Haven University

- Graduate studies in Master of Education: Teaching and Learning 2012-2014
- Master of Health Science, PA Studies, 2008
- Bachelor of Health Science, 2005
- Associate of Applied Science in Healthcare Professions, 2003

Pennsylvania State University

- Graduate Studies in Physiology 2005-2006

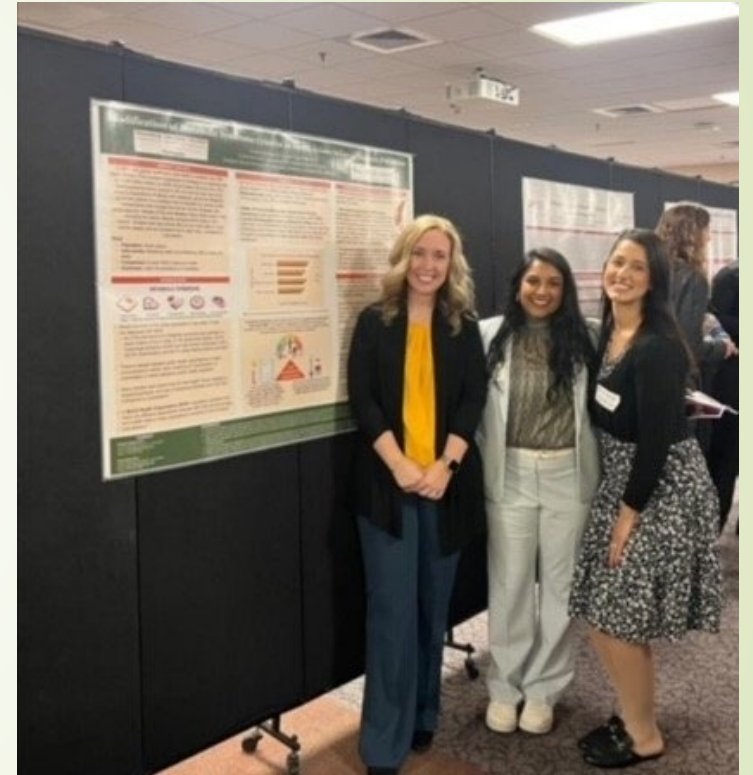
Professional Career

Commonwealth University Associate Professor, 2011 to present

- PA Program Department Chair 2003-present
- Special Interests:
 - International Service Learning trips
 - Research related to long term health benefits related to interventions in Harmons Jamaica
 - Evidence Based Medicine

O'Bryon Family Medicine, PA-C, 2013 to present

Dubois Regional Medical Group Pediatrics, 2008-2015



Professor Jennifer Bell

- Personal Life
 - Married to high school sweetheart, Adam, for 27 years
 - 3 children: Jonah 23, Andrey, 21 and Annaleigh 12
- Hobbies and Interests
 - Spending time at home and with family and friends
 - Being a “dance mom” and supportive of all the things my children do.
 - Hobby farming and collecting animals



Professor Curtis Grenoble

➤ Education:

- Philadelphia College of Osteopathic Medicine (PCOM)
 - 2004-2006
 - Master of Science (M.S.) in Physician Assistant Studies
- The Pennsylvania State University (PSU)
 - 1999-2003
 - Bachelor of Science (B.S.) in Biology

➤ Professional Career:

- Commonwealth University PA Program, 2008 – present
 - Associate Professor
 - Clearfield Campus Coordinator
 - Previously served in the roles of Program Director, Department Chair, and Academic Coordinator
- Geisinger Medical Center, Danville, PA, 2004 – 2005
 - Physician Assistant in General Surgery and Surgical Oncology
- DuBois Regional Medical Center (now Penn Highlands – DuBois), 2005 – 2008
 - Physician Assistant in Orthopedic Surgery



Professor Curtis Grenoble

- ▶ Personal Life
 - ▶ Married to Amy who is a veterinary technician
 - ▶ Our son, Dylan, is 6 years old
 - ▶ With a spouse who is a veterinary technician, we always have a number of pets around the house!
- ▶ Hobbies/Interests
 - ▶ Anything a 6-year-old is interested in!!
 - ▶ Music (violin, vocal)
 - ▶ Being outdoors (hiking, parks, etc.)
 - ▶ Household projects



Dr. Craig Ernst

➤ Education

- Bachelor of Arts in Anthropology, Pennsylvania State University
- Master of Health Science in PA Studies, Lock Haven University
- Master of Public Health, West Chester University
- Certificate in Health Care Management, West Chester University
- Doctorate of Health Science, East Stroudsburg University

➤ Professional Career

- Peace Corps Volunteer – Ethiopia
- Cardiology PA – UPMC Harrisburg



Dr. Craig Ernst

- Professional Career Continued
 - PA Educator & Associate Professor
 - Commonwealth University—14 years
 - Harrisburg Campus Coordinator—11 years
 - Academic Coordinator (2014 - 2022)
- Personal Life
 - Wife – Melissa is an R.N. & certified diabetes care and education specialist
 - Children – Thomas & Amelia
- Hobbies & interests
 - Travel, hiking, roasting coffee, time with family



Professor Nicole Theofanis

- ▶ Education
 - ▶ Bachelor of Science in Kinesiology: Temple University
 - ▶ Masters in Health Science and Physician Assistant Studies: Lock Haven University
- ▶ Professional Career
 - ▶ UPMC Harrisburg: 2015-current
 - ▶ General/Interventional Cardiology 2015-2021
 - ▶ Advanced Heart Failure (current position)
 - ▶ Assistant Professor:
 - ▶ Commonwealth University-Lock Haven since 2023



Professor Nicole Theofanis

➤ Personal Life:

- Married
- Two Children
 - Niko, 4 years old
 - Christian, 2 years old

➤ Hobbies:

- Spending time with my family, cooking, exercising, gardening





WE LOOK FORWARD TO MEETING
YOU

