

Nutrition Minor

COMMONWEALTH UNIVERSITY

This checklist is based on the current Academic Catalog and is subject to change. Students should meet with their academic advisor each semester and use Degree Works to monitor their individual progress toward completion of the minor.

Curriculum Checklist

REQUIRED COURSES

- ____NUTR 200: Introduction to Nutrition
- ____NUTR 205: Principles of Food Science
- ____NUTR 315: Life Cycle Nutrition

ELECTIVES

Nine hours (three courses) of electives selected from below. At least one course must be at 300 level or above.

- ___ NUTR 200: Nutrition and Exercise
- ___ NUTR 300: Cultural Nutrition
- ___ NUTR 310: Nutritional Assessment and Medical Terminology
- ___ NUTR 320: Community Nutrition
- ___ NUTR 325: Nutrition Counseling and Education
- ___ NUTR 330: Sports Nutrition
- ___ NUTR 350: Nutrition in Healthcare
- ___ NUTR 400: Medical Nutrition Therapy 1
- ___ NUTR 405: Medical Nutrition Therapy 2
- ___ NUTR 415: Advanced Nutrition
- ___ NUTR 420: Nutrition Research Seminar

Total Credits Required for the Minor (19 Credits)

Campus Locations

| Bloomsburg | □ Online; | \boxtimes In-person; | ⊠ Blended |
|------------|-----------|------------------------|-----------|
| Lock Haven | □ Online; | \boxtimes In-person; | Blended |
| Mansfield | □ Online, | ⊠ In-person; | ⊠ Blended |