

Nutrition: Dietetics

Bachelor of Science (BS)

This degree map is based on the 2023-24 Academic Catalog and is subject to change. Students should meet with their academic advisor each semester and use Degree Works to monitor their individual progress toward degree completion. The time it takes to earn a degree will vary based on several factors including summer/winter enrollment, dual enrollment and number of courses successfully completed each semester. We recommend taking a minimum of 15 credits each fall and spring semester.

Sample 4-Year Plan

First Year

Fall Courses	Credits	Spring Courses	Credits
HLSC115/BIOL180 Human Anatomy & Physiology 1	4	HLSC120/BIOL181 Human Anatomy & Physiology 2	4
NUTR200 Introduction to Nutrition	3	NUTR205 Principles of Food Science	4
FYS100 First Year Study	3	STAT141 Introduction to Statistics	3
General Education	6	General Education	3
Semester Total	16	Semester Total	14

Second Year

Fall Courses	Credits	Spring Courses	Credits
CHEM116 Physiological Chemistry 1	4	CHEM117 Physiological Chemistry 2	4
NUTR315 Life Cycle Nutrition	3	NUTR320 Community Nutrition	3
NUTR335 Nutrition Organization Management	3	NUTR300 Cultural Nutrition	3
General Education	6	General Education	6
Semester Total	16	Semester Total	16

Third Year

Fall Courses	Credits	Spring Courses	Credits
CHEM251 Nutritional Biochemistry	4	BIOL235 Allied Health Microbiology	4
NUTR310 Nutritional Assessment & Medical Terminology	3	NUTR325 Nutrition Counseling and Education	3
NUTR410 Quantity of Food Production	3	NUTR415 Advanced Nutrition	3
General Education / Elective	6	General Education / Elective	6
Semester Total	16	Semester Total	16

Fourth Year

Fall Courses	Credits	Spring Courses	Credits
NUTR400 Medical Nutrition Therapy 1	3	NUTR405 Medical Nutrition Therapy 2	3
General Education	6	NUTR420 Nutrition Research Seminar	3
Elective	4	Elective	7
Semester Total	13	Semester Total	13

Winter/Summer College - Optional

While not required, Winter and Summer sessions are offered each year and may help you stay on track or get ahead. You may take up to seven (7) credits during Winter College and up to 14 credits during Summer College.

Curriculum Checklist

Required Courses (53 credits)

- ___ BIOL181/HLSC120 Human Anatomy and Physiology 2 (4)
- ___ BIOL235 Microbiology for Allied Health (4)
- ___ CHEM117 Physiological Chemistry 2: Organic and Biological Chemistry (4)
- ___ CHEM251 Nutritional Biochemistry (4)
- ___ NUTR200 Introduction to Nutrition (3)
- ___ NUTR205 Principles of Food Science (4)
- ___ NUTR310 Nutritional Assessment and Medical Terminology (3)
- ___ NUTR315 Life Cycle Nutrition (3)
- ___ NUTR320 Community Nutrition (3)
- ___ NUTR325 Nutrition Counseling and Education (3)
- ___ NUTR335 Nutrition Organization and Management (3)
- ___ NUTR400 Medical Nutrition Therapy 1 (3)
- ___ NUTR405 Medical Nutrition Therapy 2 (3)
- ___ NUTR410 Quantity Food Production (3)
- ___ NUTR415 Advanced Nutrition (3)
- ___ NUTR420 Nutrition Research Seminar (3)

Electives (0 credits)

- ___ No Electives Required for Major.

General Education Requirements

(45 credits)

Note: Some requirements may be fulfilled by coursework in your major program including directed Gen Ed courses noted below

- Foundations (15 credits)
 - Quantitative: STAT141 Introduction to Statistics (3)
- Interconnections (9 credits)
 - Global: NUTR300 Cultural Nutrition (3)
- Citizenship & Responsibility (6 credits from at least two goals)
- Natural World & Technologies (9 credits)
 - HLSC115/BIOL180 Human Anatomy & Physiology 1 (4)
 - CHEM116 Physiologic Chemistry (4)
- Creativity & Expression (6 credits)

Degree Requirements

All students must obtain a minimum of 120 credits, complete all General Education requirements, and all requirements for the selected major. Meet with your advisor and consult Degree Works to monitor your progress and for all graduation requirements.

A minimum GPA of 2.7 in the major and overall are required.

Campus Locations

Bloomsburg Online; In-person; Blended

Lock Haven Online; In-person; Blended

Mansfield Online; In-person; Blended

Clearfield Online; In-person; Blended