

## WHAT DOES AN OPIOID OVERDOSE LOOK LIKE?

### ⚠️ WARNING SIGNS



Dizziness



Pupils are very small



Irregular/slow breathing



Deep snoring or gurgling noises

*If a person is showing these signs, make sure they are breathing and stay with them.*

### ⚠️ SIGNS OF OVERDOSE



Not breathing



Blue or grey lips/skin/nails



Spasms & rigid muscle



Seizure-like movements

*If they aren't breathing, call 911 and give naloxone.*

## HOW DO I USE NALOXONE?

### SINGLE-STEP NASAL SPRAY

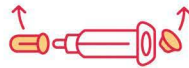


Place your thumb on plunger



Press plunger into nostril

### MULTI-STEP NASAL SPRAY



1. Take off yellow caps



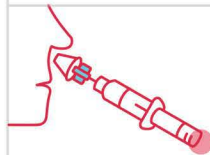
2. Screw on white cone



3. Take purple cap off of naloxone



4. Screw vial of naloxone into syringe barrel



5. Press white cone into nostril and push down on the plunger halfway in one nostril, and halfway in the other

### AUTO-INJECTOR



Follow step-by-step instructions from built-in speaker



Inject into outer thigh, even through clothing

## WHAT DO I DO AFTER I USE NALOXONE?

### IF BREATHING

Put person in **recovery position**



- Hand supports head
- Knee prevents body from rolling onto stomach

Stay with person until help arrives.

### IF NOT BREATHING

Give **rescue breaths**



- Tilt head back
- Pinch nostrils closed, give 1 breath every 5 seconds

Give rescue breaths until breathing starts or help arrives.

## SHOULD I GIVE A **SECOND DOSE** OF NALOXONE?

- If person doesn't start breathing in 2-3 minutes, give second dose of Naloxone
- If person stops breathing after first dose (during recovery), give second dose of Naloxone immediately
- FYI: Naloxone can wear off and result in secondary overdose. Stay with individual until EMS arrives!