

# Health Science: Applied Health Studies

## Bachelor of Science (BS)

This degree map is based on the 2023-24 Academic Catalog and is subject to change. Students should meet with their academic advisor each semester and use Degree Works to monitor their individual progress toward degree completion. The time it takes to earn a degree will vary based on several factors including summer/winter enrollment, dual enrollment and number of courses successfully completed each semester.

The Bachelor of Science in Health Science – Applied Health Studies concentration is a degree-completion program for individuals who are certified, licensed, or registered as a healthcare professional. Students enter the program with an associate's degree and a healthcare credential and then build upon their existing knowledge and skills to earn a bachelor's degree.

### Sample 2-Year Plan

| First Year   |         |  |         |
|--|---------|--|---------|
| Fall Courses   | Credits | Spring Courses                               | Credits |
| BIOL180/HLSC115 Human Anatomy & Physiology 1               | 4       | BIOL181/HLSC120 Human Anatomy & Physiology 2 | 4       |
| HLSC108/BIOL108 Medical Terminology for Health Professions | 3       | HLSC105 Personal Health and Decision Making  | 3       |
| Minor, certificate or concentration courses                | 3       | Minor, certificate or concentration courses  | 3       |
| Elective   | 3       | Elective                                     | 3       |
|  |         |  |         |
| Semester Total   | 13      | Semester Total                               | 13      |

| Second Year                                 |         |   |         |
|---|---------|---|---------|
| Fall Courses                                | Credits | Spring Courses                              | Credits |
| HLSC200 Introduction to Disease             | 3       | HLSC498 Field Experience                    | 3       |
| Minor, certificate or concentration courses | 6       | Minor, certificate or concentration courses | 6       |
| Elective                                    | 6       | Elective                                    | 6       |
|   |         |   |         |
|   |         |   |         |
| Semester Total                              | 15      | Semester Total                              | 15      |

#### Winter/Summer College - Optional

While not required, Winter and Summer sessions are offered each year and may help you stay on track or get ahead. You may take up to seven (7) credits during Winter College and up to 14 credits during Summer College.

## Curriculum Checklist

### General Education

Met by the student's associate degree

### Required Courses (20 credits)

- \_\_\_ BIOL180/HLSC115 Human Anatomy and Physiology 1 (4)
- \_\_\_ BIOL181/HLSC115 Human Anatomy and Physiology 1 (4)
- \_\_\_ HLSC108/BIOL108 Medical Terminology for Health Professions (3)
- \_\_\_ HLSC105 Personal Health and Decision Making (3)
- \_\_\_ HLSC200 Introduction to Disease (3)
- \_\_\_ HLSC498 Field Experience (3)

### Minor, certificate or concentration coursework (18 credits)

- \_\_\_ Minor, certificate or concentration coursework (18)

Students will select a minor, academic certificate or concentration of courses that aligns with their academic goals.

### Major Electives (18\* credits)

- \_\_\_ EXER, HLSC, HLTH and/or NUTR courses (18\*)

\*Total Healthcare Professions credits from the associate degree and selection of a minor, academic certificate or concentration will determine the total number of elective credits required.

- \_\_\_ HLSC110 Orientation to Athletic Training (1)
- \_\_\_ HLSC140 Introduction to Public Health (3)
- \_\_\_ HLSC208 Stress Management and Life Skills for Health Promotion (3)
- \_\_\_ HLSC211 Public Health, Social Justice, and Advocacy (3)
- \_\_\_ HLSC212 Introduction to Public Health Promotion (3)
- \_\_\_ HLSC218 Public Health and the Environment (3)
- \_\_\_ HLSC235 Community-level Health Methods and Strategies (3)
- \_\_\_ HLSC236 Health Literacy and Patient Education (3)
- \_\_\_ HLSC240 Introduction to Epidemiology (3)
- \_\_\_ HLSC307 Cultural Aspects of Health (3)
- \_\_\_ HLSC350 Planning Health Promotion Programs (3)
- \_\_\_ HLSC401 Current Health Issues (3)
- \_\_\_ HLSC402 Evaluating Health Education and Promotion Programs (3)
- \_\_\_ HLSC407 Advanced Human Physiology (4)
- \_\_\_ HLSC451 Advanced Human Anatomy (3)
- \_\_\_ HLSC452 Advanced Human Anatomy Lab (1)
- \_\_\_ HLSC470 Sex Education for Health Sciences (3)
- \_\_\_ NUTR310 Nutrition Assessment and Medical Terminology
- \_\_\_ NUTR315 Nutrition Counseling and Education
- \_\_\_ NUTR350 Nutrition in Healthcare
- \_\_\_ PHIL415 Ethical Issues in Healthcare

## General Education Requirements

General Education Requirements are met by the associate degree.

## Degree Requirements

All students must obtain a minimum of 120 credits and all requirements for the selected major. Total Healthcare Professions credits from the associate degree and selection of a minor, academic certificate or concentration will determine the total number of elective credits required. General Education requirements are met by the prior earned associate degree. Board of Governors Policy 1990-06-A requires that at least 42 semester credit hours must consist of advanced coursework. Meet with your advisor and consult Degree Works to monitor your progress and for all graduation requirements.

*A minimum GPA of 2.0 in the major and overall are required.*

## Campus Locations

|                   |  |
|-------------------|--|
| <b>Bloomsburg</b> | <input type="checkbox"/> Online; <input type="checkbox"/> In-person; <input checked="" type="checkbox"/> Blended |
| <b>Lock Haven</b> | <input type="checkbox"/> Online; <input type="checkbox"/> In-person; <input checked="" type="checkbox"/> Blended |
| <b>Mansfield</b>  | <input type="checkbox"/> Online; <input type="checkbox"/> In-person; <input checked="" type="checkbox"/> Blended |
| <b>Clearfield</b> | <input type="checkbox"/> Online; <input type="checkbox"/> In-person; <input checked="" type="checkbox"/> Blended |