

Trauma-Informed Counseling Counseling Certificate (TRIC)

Degree: M.A.

This degree map is based on the 2023-24 Academic Catalog and is subject to change. Students should meet with their academic advisor each semester and use Degree Works to monitor their individual progress toward degree completion. This certificate program is in addition to the requirements needed for degree completion, thus the student is encouraged to meet with their academic advisor to discuss when the best time is for them to take the course(s). All certificate courses are only offered in the Summer or Winter sessions. This certificate is comprised of 4 courses. CMHC570 is offered during the Fall or Spring semesters, CMHC571 and 572 are only offered in the Winter semester, and CMHC573 is only offered in the Summer semester.

Sample 3-Year Plan

First Year			
Summer Courses	Credits	Winter Courses	Credits
		CMHC571: Foundations of Trauma-Informed Care	3
Semester Total	0	Semester Total	3

Second Year			
Spring Courses	Credits	Winter Courses	Credits
CMHC570: Trauma and Crisis Counseling	3	CMHC572: Grief and Loss Counseling	3
Semester Total	3	Semester Total	3

Third Year			
Summer Courses	Credits	Winter Courses	Credits
CMHC573: Advanced Interventions for Trauma-Informed Care	3		0
Semester Total	3	Semester Total	

Winter/Summer College - Optional

While not required, Winter and Summer sessions are offered each year and may help you stay on track or get ahead. You may take up to seven (7) credits during Winter College and up to 14 credits during Summer College.

PROGRAM NAME



COMMONWEALTH UNIVERSITY

Curriculum Checklist

Trauma-Informed Counseling Certificate (12 credits)

- ___ CMHC570: Trauma and Crisis Counseling (3)
- ___ CMHC571: Foundations of Trauma-Informed Care (3)
- ___ CMHC572: Grief and Loss Counseling (3)
- ___ CMHC573: Advanced Interventions for Trauma-Informed Care (3)

Degree Requirements

All students must obtain a minimum of 60 credits for the selected major. Meet with your advisor and consult Degree Works to monitor your progress and for all graduation requirements.

A minimum GPA of 3.0 in the major and overall are required.

Please note this certificate DOES NOT count towards the 60 credits for degree completion. This certificate is in addition to the M.A. CMHC degree program.

Campus Locations

Lock Haven Online; In-person; Blended

Revised April, 2023